

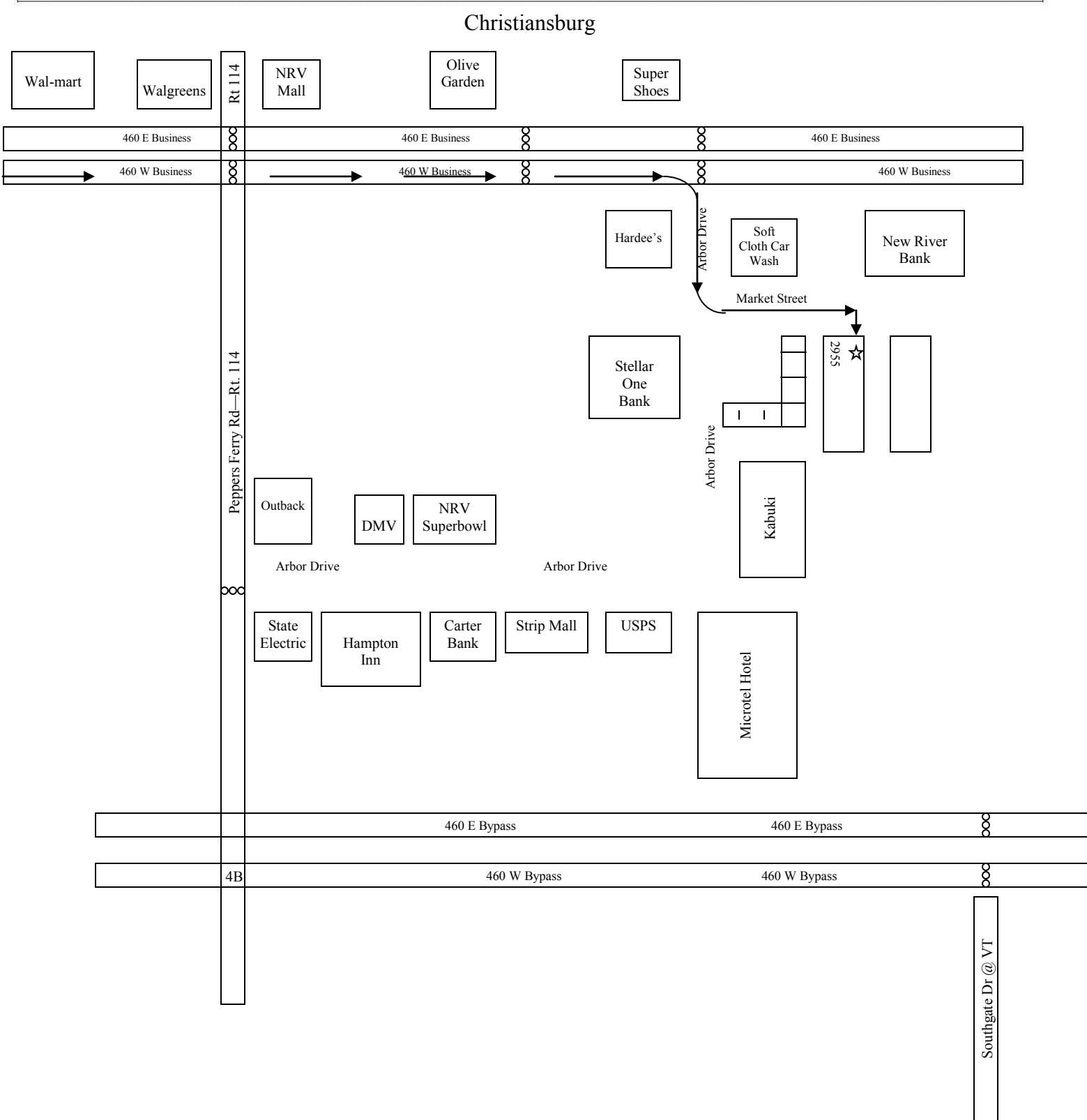
# Allergy & Asthma Associates of Southwest Virginia, Inc.

## Sleep Disorders Network of Virginia

2955 Market Street, Suite B-1  
 Christiansburg, VA 24073  
 Telephone: (540) 382-1165  
 Fax: (540) 382-0989

**Donald Zedalis, M.D.**  
 Diplomate: Sleep Medicine  
 Diplomate: Allergy/Immunology  
**Kristina L. Kwak, M.D.**  
 Diplomate: Allergy/Immunology  
**Judy M. Altizer, F.N.P.**

590 W. Ridge Road, Suite F  
 Wytheville, VA 24382  
 Telephone: (276)-228-3126  
 Fax: (276) 228-5383



**From Blacksburg (on 460 E-Business) just after you pass Corning and just before the NRV Mall:**

- **Turn left at the light onto Arbor Drive** by Hardee's. At the first intersection (Market Street), Hardee's will be on your right and the car wash will be on your left. On the opposite corners of Market Street, you will see First National Bank of Christiansburg on the right and a parking lot on the left with an "L" shaped building.
- **At the first intersection, turn left onto Market Street.** You will be going behind the car wash toward the New River Bank (formerly the Texas Steakhouse).
- **Turn into the second driveway on your right** (just across from the New River Bank). You will need to take an immediate right which will take you to our parking lot.

**From Blacksburg (on 460 E-Bypass):**

- On 460 E Bypass, go past the Southgate Drive at VT Campus.
- Bear right at next exit (**Exit 4AB—Peppers Ferry Rd Exit toward Rte. 114**). Stay in the right lane to turn right at the first red light.
- At the first light, **turn right on Arbor Drive.**
- You will pass Outback Steakhouse, DMV, NRV Super-bowl on the left and the USPS and Kabuki Steakhouse on the right. **Just past Kabuki, turn right onto Market St.** (behind the car wash and the New River Bank (formerly the Texas Steakhouse)).
- **Turn into the second driveway on your right** (just across from the New River Bank Driveway). You will need to take an immediate right which will take you to our parking lot.

**From Christiansburg (on 460 W-business):**

- Take Rte 460 W toward the NRV Mall.
- **Go straight past the NRV Mall** at the large intersection of Peppers Ferry Rd. and Rt. 460 W.
- **Turn right at the second light** (past the large intersection) **onto Arbor Drive** by Hardee's. At the first intersection (Market Street), Hardee's will be on your right and the car wash will be on your left. On the opposite corners of Market Street, you will see First National Bank of Christiansburg on the right and a parking lot on the left with an "L" shaped building.
- **At the first intersection, turn left onto Market Street.** You will be going behind the car wash toward the New River Bank (formerly the Texas Steakhouse).
- **Turn into the second driveway on your right** (just across from the New River Bank Driveway). You will need to take an immediate right which will take you to our parking lot.

**From Interstate 81:**

- Get off I-81 at **Exit 118-B**. This puts you on the 460 W bypass.
- Take the 460 W bypass to **Exit 4-B (Peppers Ferry Road exit-Rte. 114)**. When you reach the end of the exit ramp, you will see a red light at the Outback Steakhouse.
- **At that light, turn right on Arbor Drive.**
- You will pass Outback Steakhouse, DMV, NRV Super-bowl on the left and the USPS and Kabuki Steakhouse on the right.
- **Just past Kabuki, take the next right onto Market Street** (turn before you reach the red light).
- **Turn into the second driveway on your right** (just across from the New River Bank Driveway). You will need to stay right which will take you to our parking lot.

**From Route 114:**

- **Take Rte 114 toward the NRV mall** and Rte 460.
- **Turn left at the intersection of Rte 114 and Rte 460** with the mall on the left and Walgreen's on the right.
- **At the second red light, turn right** at Hardee's and the car wash.
- **Immediately turn left at the first street** (Market St) behind the car wash.
- **Turn right at the second driveway on the right** (across from the New River Bank).
- You will need to stay to the right which will take you to our parking lot.