

Allergy & Asthma Associates of the NRV

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To our current and future patients:

Quick update on our office protocols regarding Coronavirus (COVID-19)...

As you all know the recommendations from the CDC and WHO continue to change on a daily basis. Like many offices in our area, we continue to monitor these changing recommendations. Currently we are not making any adjustments to our office or shot room hours. In an effort to continue to treat our patients we have implemented some changes.

Our office has added additional cleaning procedures throughout the day and after hours. **Hand sanitizer** is available for use in our reception area as it always has been and we ask that you use this after entering and prior to leaving the office. Also, in an effort to follow **social distancing recommendations** we have lessened the seating in our waiting room. ***We are asking patients to avoid bringing children or family members into the office if at all possible. If the patient is underage, we ask that they are accompanied by one parent/ guardian without additional siblings. We understand that this is not always possible as some parents may be the only caregiver for their children. Again, we are trying to limit the number of people in the waiting room area as well as crowding in the patient rooms.***

We know that for many of our patients the spring pollen season brings an increase in nasal and respiratory symptoms, some of which can be confused with Coronavirus. As a reminder, allergy and asthma do not have associated fever. ***We are asking for the safety of other patients and staff that you do not come to the office if you have a fever. Please contact the office to reschedule your appointment.***

If you exhibit symptoms suggestive of infection with COVID-19 and/or have had exposure to someone with COVID-19, we recommend you contact your primary care physician, urgent care, or local ER. Most facilities are asking for you to call prior to coming as they have systems in place to triage patients.

NRV Public Hotline (for questions regarding COVID-19)
540-267-8240, Monday – Friday 8 a.m. – 4:30 p.m.

If you are scheduled for a routine follow-up appointment and are at higher risk (i.e. immunocompromised, have chronic medical conditions, or an older adult) we ask that you consider rescheduling your appointment. If you are currently receiving immunotherapy and are uncertain of your time between injections our staff is happy to review your chart.

Track your symptoms:

COVID-19: fever, dry cough, difficulty breathing, shortness of breath, fatigue. Less common: aches, runny or stuffy nose, sore throat, or diarrhea. Some people with coronavirus might not develop any symptoms.

FLU: sudden fever, cough, headache, muscle & joint pain, sore throat, runny or stuffy nose

ALLERGIES: sneezing; itchy, runny or stuffy nose; itchy, red, watery eyes, cough and for those with asthma may also experience wheezing, shortness of breath or chest tightness. Typically, no fever or achy joints noted. *It will be very important that you take all of your allergy and asthma medications to keep your allergy and asthma symptoms under control.*

Thank you for your continued patience and support during this time.