

## ANTIHISTAMINE LIST

6/28/19

**Discontinue all antihistamines 7 days prior to testing, unless otherwise noted. In general, all cough and cold medications can have antihistamines and all of them cannot be listed due to the frequent changes of medication names on the market and store brand generics. Remember, allergy eye drops and SOME nose sprays have an antihistamine in them. Have patient read the label for ingredients. If there is a question, ask nursing.**

Actifed	<b>Diphenhydramine</b>	Xyal
Alavert	<b>(same as Benadryl)</b>	Zaditor
Alaway		Zyrtec
Alka Seltzer	Doxepin	
Allegra	Dramamine	
Allegra D	Dristan	<b><u>Meds OK to take</u></b>
Antivert	Drixoral	Steroid Nasal Sprays:
Astelin	Durahist	Budesonide
	Dymista	Flonase
Atarax	Loratadine	Fluticasone
Azelastine	Meclizine	Nasacort
BC Cold Powder	Naphon-A	Nasonex
	Nyquil	Mometasone
<b>Benadryl-may take up to</b>	Opitvar	Rhinocort
<b>24 hours prior to appt</b>	Pataday	Triamcinolone
	Patanase	
Bonine	Patanol	Patient can be on
Bromfed	Periactin	Prednisone for regular
Brompheniramine	Phenergan	Skin testing.
Chlorpheniramine	Semprex	
Chlor-Trimeton	Tavist	All asthma inhalers
Claritin	Theraflu	are OK.
Clemastine	Triaminic	
Coricidin	Tussionex	Singulair ok
Cyproheptadine	Unisom	
Dimetapp	Vistaril	