Discontinue all antihistamines 7 days prior to testing, unless otherwise noted. In general, all cough and cold medications can have antihistamines and all of them cannot be listed due to the frequent changes of medication names on the market and store brand generics. Remember, allergy eye drops and SOME nose sprays have an antihistamine in them. Have patient read the label for ingredients. If there is a question, ask nursing.

**Actifed**
**Alavert**
**Alaway**
**Alka Seltzer**
**Allegra**
**Allegra D**
**Antivert**
**Astelin**

**Atarax**
**Azelastine**
**BC Cold Powder**

**Benadryl**-may take up to 24 hours prior to appt

**Bonine**
**Bromfed**
**Brompheniramine**
**Chlorpheniramine**
**Chlor-Trimeton**
**Claritin**
**Clemastine**
**Coricidin**
**Cyproheptadine**
**Dimetapp**

**Diphenhydramine**
(same as Benadryl)

**Doxepin**
**Dramamine**
**Dristan**
**Drixoral**
**DuraHist**
**Dymista**
**Loratadine**
**Meclizine**
**Naphon-A**
**Nyquil**
**Opitvar**
**Pataday**
**Patanase**
**Patanol**
**Periactin**
**Phenergan**
**Semprex**
**Tavist**
**Teraflu**
**Triaminic**
**Tussionex**
**Unisom**
**Vistaril**

**Xyal**
**Zaditor**
**Zyrtec**

**Meds OK to take**
Steroid Nasal Sprays:
Budesonide
Flonase
Fluticasone
Nasacort
Nasonex
Mometasone
Rhinocort
Triamcinolone

Patient can be on Prednisone for regular Skin testing.

All asthma inhalers are OK.

Singulair ok